

MEASUREMENTS



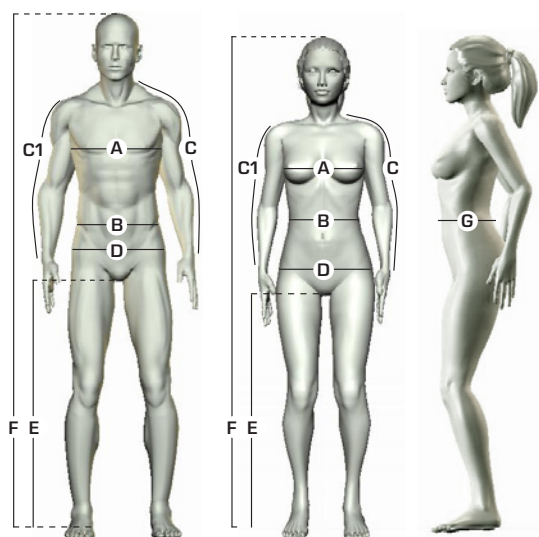
MEN'S	XS	S	M	L	XL	XXL	3XL
Chest	87	93	99	105	111	117	125
Waist	75	81	87	93	99	105	113
Seat	89	95	101	107	113	119	127
Shoulder & sleeve length	78	80	82	84	86	88	91
Inside of leg	82	84	86	88	90	92	94
Length	172	176	180	184	188	192	196

WOMEN'S	XS	S	M	L	XL	XXL	3XL
Chest	79	84	90	96	102	110	118
Waist	65	70	76	82	88	96	104
Seat	87	92	98	104	110	118	126
Shoulder & sleeve length	70	72	74	76	78	80	83
Inside of leg	79	81	82	84	85	87	88
Length	164	167	170	173	176	179	182

WOMEN'S	34	36	38	40	42	44
Chest	80	84	88	92	96	100
Waist	68	72	76	80	84	88
Seat	88	92	96	100	104	108
Shoulder & sleeve length	70	72	74	76	78	80
Length	166	168	170	172	174	176

SOCKS	XS	S	M	L	XL
	34-36	37-39	40-42	43-45	46-48

GLOVES	XXS	XS	S	M	L	XL	XXL
	6	7	8	9	10	11	12



A. CHEST

Wrap a tape measure evenly around the fullest part around the chest under your arms.

B. WAIST

Wrap a measure tape around your natural waistline.

C. SHOULDER AND SLEEVE LENGTH

Measure from the lowest part of the neck, over the tip of the shoulder and down the outside of the arm, past the elbow and to the wrist. Keep the arm slightly bent.

C1. SLEEVE LENGTH

Measure from the tip of the shoulder and down the outside of the arm, past the elbow and to the wrist. Keep the arm slightly bent.

D. SEAT

Standing with your feet together, measure around the fullest part of your hips.

E. INSIDE OF LEG

Standing with your feet together, measure from the crotch all the way down to the floor. Don't forget to stand as straight as possible. You may have to ask a friend to help you.

F. LENGTH

The total length of your body.

CARE INSTRUCTIONS

To keep your functional sportswear in top condition for a long time, it is important that you take care of them properly. Always follow the care instructions that come with the products. And DO NOT use fabric softeners when washing functional sportswear. The softener forms a thin sheath around the fibers, thus reducing the fabric's functionality (moisture transport and ventilation).

LAYER 1 VENTILATION LAYER & LAYER 2 INSULATION LAYER

- Do not use fabric softeners.
- Close all zippers.
- Wash garments inside out.
- Remove the garments from the washing machine when the cycle ends.
- Hang dry.

LAYER 3

- Do not use fabric softeners.
- Close zippers, Velcro openings, buttons and buckles.
- Wash garments inside out.
- Remove the garments from the washing machine when the cycle ends.
- Dry in a drying cabinet or a drying room.

DOWN GARMENTS

- Wash the garments inside out.
- Tumble dry with tennis balls until the garment is dry.

ACCESSORIES

Follow the care instructions that come with the product.